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Special connections: September 12, 1991

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Boston University

SPECIAL

CONNECTIONS

Date September 12, 1991 Topic _____

Sign up on Sept. 16 to quit smoking

Ready to say no to smoking? In preparation of the Hospital's going smoke-free on Tuesday, Oct. 15, employees who wish to stop smoking may register for the American Lung Association's "Freedom From Smoking" program. Sign-up will take place from 11 a.m. to 3 p.m., on Monday, Sept. 16, in the foyer area at the top of the Atrium escalators. To learn more about the program, plan on attending a free informational session that same day from noon to 1 p.m. in the Atrium B Conference Room.

The "Freedom From Smoking" program runs from Tuesday, Sept. 24, through Tuesday, Nov. 5, with an anticipated "Quit Day" of Tuesday, Oct. 8. The hour-long sessions will be held at noon in the Atrium B Conference Room and will be facilitated by Judith Rice, L.C.S.W. of the Lung Association. The cost of the program is \$65 for materials, payable at the first session. Employees who successfully complete the program will be reimbursed by the Hospital 50 percent of the cost of materials, or \$32.50.

Registration for future "Freedom From Smoking" programs will take place on October 15, from 10 a.m. to 3 p.m., on the H-2 bridge.

For further information, contact Kee O'Toole at x5362 (638-5362).



The
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